

# Fix Your Work and Fix Your Kids: Four Easy Steps to Increase Success through Gratitude

Presented by: Megan G. Mayer

Total responses: 95

	Be more effective in my practice		
	Strongly Agree	72 %	68 / 95
	Agree	26 %	25 / 95
	Disagree	0 %	0 / 95
	Strongly Disagree	0 %	0 / 95
	No Answer	2 %	2 / 95
1	Use the information provided		
	Strongly Agree	65 %	62 / 95
	Agree	24 %	23 / 95
	Disagree	0 %	0 / 95
	Strongly Disagree	0 %	0 / 95
	No Answer	11 %	10 / 95
1a	Educate my patients		
	Strongly Agree	64 %	61 / 95
	Agree	25 %	24 / 95
	Disagree	0 %	0 / 95
	Strongly Disagree	0 %	0 / 95
	No Answer	11 %	10 / 95
1b	Be a more effective provider		
	Strongly Agree	64 %	61 / 95
	Agree	25 %	24 / 95
	Disagree	0 %	0 / 95
	Strongly Disagree	0 %	0 / 95
	No Answer	11 %	10 / 95
<b>2</b>	<b>The speaker demonstrated experiential knowledge of the topic</b>		
	Strongly Agree	74 %	70 / 95
	Agree	21 %	20 / 95
	Disagree	0 %	0 / 95
	Strongly Disagree	0 %	0 / 95
	No Answer	5 %	5 / 95
<b>3</b>	<b>Speaker(s) fully disclosed any conflict of interest and discussion of off-label usage of medication and/or medical devices at beginning of or during the presentation.</b>		
	Strongly Agree	71 %	67 / 95
	Agree	24 %	23 / 95
	Disagree	0 %	0 / 95
	Strongly Disagree	0 %	0 / 95
	No Answer	5 %	5 / 95

## Surveys Report

<b>4</b>	<b>The individual objectives / content topics were cohesive with one another</b>		
	Strongly Agree	73 %	69 / 95
	Agree	22 %	21 / 95
	Disagree	0 %	0 / 95
	Strongly Disagree	0 %	0 / 95
	No Answer	5 %	5 / 95
<b>5</b>	<b>The content provided a fair and balanced coverage of the topic</b>		
	Strongly Agree	74 %	70 / 95
	Agree	21 %	20 / 95
	Disagree	0 %	0 / 95
	Strongly Disagree	0 %	0 / 95
	No Answer	5 %	5 / 95
<b>6</b>	<b>The content was free of commercial bias?</b>		
	Yes	93 %	88 / 95
	No	0 %	0 / 95
	No Answer	7 %	7 / 95
<b>7</b>	<b>As a result of your participation in the activity, how committed are you to making at least one change in clinical practice?</b>		
	Very Committed	76 %	72 / 95
	Somewhat committed; I would need more information or resources to make a change	13 %	12 / 95
	Not very committed	0 %	0 / 95
	Not at all committed	0 %	0 / 95
	N/A; I am a student or not currently practicing	6 %	6 / 95
	No Answer	5 %	5 / 95
<b>8</b>	<b>Did this activity provide at least one key takeaway that will assist you in making a change to your professional practice or performance?</b>		
	Yes	88 %	84 / 95
	No	0 %	0 / 95
	N/A; I am a student or not currently practicing	6 %	6 / 95
	No Answer	5 %	5 / 95
<b>9</b>	<b>What barriers (if any) do you anticipate that might prevent you from implementing strategies you learned during this CE activity?</b>		
	I do not believe there will be any barriers	69 %	66 / 95
	Organizational or practice-related policies	13 %	12 / 95
	Patient expectations or agendas	2 %	2 / 95
	Lack of time to implement during patient visit	0 %	0 / 95
	Competing priorities	1 %	1 / 95
	Remembering to implement the change	2 %	2 / 95
	N/A I am a student or not currently practicing	7 %	7 / 95
	No Answer	5 %	5 / 95

## Surveys Report

<b>10</b>	<b>What new term-based patient care strategies will you employ as a result of this activity (select ALL that apply)?</b>		
	Share information	0 %	0 / 95
	Improved written communication with my care team members	0 %	0 / 95
	Improved verbal communication with my care team members	0 %	0 / 95
	Improved hand off information to those outside my care team	0 %	0 / 95
	Improved referral process to those outside my care team department	0 %	0 / 95
	Improved communication with my patients that is consistent with messaging from other members of the health care team	0 %	0 / 95
	Improved treatment strategies that incorporate a team-based approach	0 %	0 / 95
	Does not apply	0 %	0 / 95
<b>11</b>	<b>Share information</b>		
	No Answer	0 %	0 / 95
<b>12</b>	<b>Improved written communication with my care team members</b>		
	No Answer	0 %	0 / 95
<b>13</b>	<b>Improved verbal communication with my care team members</b>		
	No Answer	0 %	0 / 95
<b>14</b>	<b>Improved verbal communication with my care team members</b>		
	No Answer	0 %	0 / 95
<b>15</b>	<b>Improved hand off information to those outside my care team</b>		
	No Answer	0 %	0 / 95
<b>16</b>	<b>Improved referral process to those outside my care team department</b>		
	No Answer	0 %	0 / 95
<b>17</b>	<b>Improved referral process to those outside my care team department</b>		
	No Answer	0 %	0 / 95
<b>18</b>	<b>Improved communication with my patients that is consistent with messaging from other members of the health care team</b>		
	No Answer	0 %	0 / 95
<b>19</b>	<b>Improved treatment strategies that incorporate a team-based approach</b>		
	No Answer	0 %	0 / 95
<b>20</b>	<b>Does not apply</b>		
	No Answer	0 %	0 / 95
<b>21</b>	<b>Did this activity enhance your current knowledge base?</b>		
	Yes	86 %	82 / 95
	No	1 %	1 / 95
	N/A; I am a student or not currently practicing	5 %	5 / 95
	No Answer	7 %	7 / 95

## Surveys Report

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### 22 What, if any, recommendations would you like to share for future improvement of this program?

- "Excellent speaker and topic "
- "Amazing presentation and so applicable to multiple areas of life/relationships"
- "suer engaging "
- "I want to thank you Ms. Mayer. I was finding the way to show appreciation to my kids and my work. The simple 3 grateful things, even just to think about help me learn to appreciate each day."
- "Great lecture. So simple but necessary to show gratitude. Thank you for the inspiring reminder."
- "great talk, refreshing topic"
- "NA"
- "NA"
- "Good talk"
- "good"
- "na"
- "n/a"

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### 23 Thank you for completing this evaluation!